

**SPORTS MINILYMPICS /INTRAMURALS: ITS EFFECT ON THE LEVEL OF PERCEIVED
PERSONAL- SOCIAL ATTRIBUTES OF THE ALTERNATIVE LEARNING SYSTEM
STUDENTS**

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Abstract. The study aims to identify level perceived Personal -Social level before and after Intramurals /Sports Minilympics. Specifically, the study seeks to identify the level of perceived personal-social attributes before and after the conduct of ALS Intramurals It also aims to identify the significant difference in the level of perceived personal -social attributes before and after the conduct of ALS Intramurals. Using the adapted study of Artinger et.al.(2006) and modified survey questionnaire, this action research was conducted to 30 ALS students. The study showed that the level of perceived personal-social attributes before the ALS Intramurals as a whole is Low with 2.07 with the highest mean score in the Personal area and Reliable Alliance as the lowest with the mean score of 1.80. The level of perceived -social attributes after the ALS Intramurals as a whole is High with 2.83 mean score. Across all areas, the highest mean score is in the Personal and with the lowest in Reliable Alliance with the mean score of 1.97. There is Significant difference in the level of perceived Personal -Social attributes before and after the conduct of ALS Intramurals. Their self-worth was identified Very High after the Intramural.

Keywords: *Intramurals, Personal- Social,*